

COVID-19 Self-Evaluation

Thanks for being willing to serve this morning!

Would you please take a few minutes and review the following?

1. Are you feeling ill today? Are you caring for someone who is ill? ***If you are not feeling well today, or you are providing care for someone who is ill, please do not serve.***

2. Are you awaiting the results of a COVID-19 test? ***If you are, please do not serve.***

3. In the last two weeks, did you care for or have close contact with someone diagnosed with COVID-19? ***If you know you've been around someone who's tested positive, or suspect that you have, please do not serve today.***

4. Are you currently experiencing any symptoms of COVID-19? ***If you are experiencing these symptoms, please do not serve today.*** Symptoms include:
 - Fever/Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

5. Please remember, practice social distancing as you are able. Masks are recommended and encouraged, but not required. Wash your hands using soap and sanitizer. Be mindful of those around you.